

Essential Course Recipes, Inquisicook 1	Wheat	Eggs	Dairy (*butter only)	Soy	Peanuts	Tree Nuts	Fish	Shellfish	Sesame
Scrambled Eggs		✓	✓						
Crustless Ham & Cheese Quiche		✓	✓						
Over Medium Fried Egg		✓	*						
Over Easy or Hard Fried Egg		✓	*						
Deviled Eggs		✓							
Lemon Curd		✓	*						
Coconut Meringue Macaroons		✓							
Poached Eggs		✓							
Irish Soda Bread	✓		✓						
Blue Ribbon Banana Bread	✓	✓				✓			
Brazilian Cheese Bread		✓	✓						
Blender Brazilian Cheese Bread		✓	✓						
Skillet Flatbread	✓		✓						
Blueberry Muffins	✓	✓	✓						
Honeydew Salad w/Ginger-Lime Dressing									
Zesty Peruvian Dressing									
Tuscan Cannellini & Tomato Salad									
Panzanella			✓						
Asian Chopped Salad				✓					✓
Chicken Caesar Salad w/Asiago Dressing			✓				✓		
Focaccia	✓								
Dinner Rolls	✓	✓	*						
Cinnamon Rolls	✓		✓						
Basic White Loaf	✓								
Twisted Herb Bread	✓	✓	✓						
Rosemary Roasted Potatoes									
Compound Butters			*						
Flavored Simple Syrups									
Basil Pesto			✓			✓			
Homemade Chicken Stock									
Broccoli Cheese Soup	✓		✓						
Chicken Noodle Soup	✓	✓							
Cream of Cauliflower Soup w/Curry Infused Oil			✓						